

CCC Women's Committee - Female Coach Mentorship Program

Proposed structure:

- Goal is to produce HP-track female coaches
- Program would run for 2 years for each coach mentee, starting 2019.
- Primary mentors would be female HP coaches and/or Club leaders
- Mentees would shadow NST/TC coaches for sport-specific learning at the following (tailored to needs/level of mentee in question), experiences could include:
 - o 1 camp/year
 - o 2 regular training or testing weeks/year
 - o 1 race trip/year: Noram year 1, ICE year 2
 - o Whichever is the most appropriate for the mentor/mentee coach
- Mentees are expected to attend at least 1 PD events/year (NCCP or other, depending on level)
- PD opportunities and face to face mentoring will be dependent on the cost of the activity and may require some funding from the Club or PSO to provide additional funding.
- The number of mentees in the program would depend on the applicants and the level of coaching experience. The program will take between 1-2 mentees at a time.
- The program is worth \$1000-\$2000 over the 2 year period, depending on the number of mentees.
- Mentees will be required to complete a mentorship program and provide reports on their progress and the overall program experience.

Type of applicants:

*Club leader or program director

*HP Coach

*Club coach wanting to progress to HP Coach

Applicants can nominate a mentor they would like to work with

Selection Criteria:

Please write a one page summary including the following information:

- 1) Coaching experience
- 2) Coaching philosophy
- 3) Short term and long term coaching goals
- 4) What you hope to gain from being part of the mentorship program
- 5) How being part of the mentorship program will benefit your Club/team and the ski community in your area.
- 6) A letter of support from your Club/team/program director

Applications are due March 24th. Successful applicants will be notified by March 31st.

Please address applications to:

Cross Country Canada Women's Committee and email to info@cccski.com with the title *Coach Mentorship Program Attention Allison McArdle* (Women's Committee Chair)