



VOLUNTEER WALL OF FAME

Debra Friendly, ON



1. What type of organizations do you volunteer for?

My biggest commitment is to Highlands Trailblazers where I am usually the Race Secretary for events hosted by the club. I also handle on-line registration for the winter (Jackrabbit) programme. In the past few years, I have also volunteered at the Mississauga Food Bank and Canadian Blood Services but my move out of the city has curtailed that work. I am Secretary-Treasurer for our local homeowners' association and recording secretary (about to become Secretary) for an organization called The Nature League in Collingwood. I was a volunteer at the 2010 Olympics (course marshal), 2011 Canada Winter Games (timing) and CCC sanctioned events in Timmins, Callaghan Valley, Mont Ste. Anne, Canmore, among others (various tasks).

2. What is the most rewarding part about volunteering?

The most rewarding part is seeing an event being a success which largely means happy athletes, support staff and volunteers.

3. What do you have to say about all the volunteers who make events possible?

I think everyone who has answered this question has basically the same answer: Without volunteers, events would not happen. I'm constantly in awe of the hours that volunteers rack up.

4. Finish this sentence: I volunteer because...

Volunteering is part of my family's history. I particularly credit my father and his 3 sisters who all made volunteering a major part of their lives.