



## RACE NOTICE

# HAYWOOD NORAM / BUFF SPRINTS MINI TOUR DECEMBER 16-18, 2016

---

Name of Event:	Haywood NorAm / Buff Sprints Mini Tour	
Race Events:	Friday December 16 – Interval Start, FT Saturday December 17 – Sprint, FT / Distance FT Sunday December 18 – Pursuit, CI / Mass Start, CI	
Race Location:	Black Jack Ski Trails, 3 km north of Rossland	
Host Club:	Black Jack Cross Country Ski Club	
NorAm sanctioned by:	Federation Internationale de Ski (FIS) & Cross Country Canada (CCC)	
Rules:	FIS & CCC Rules and Regulations <a href="http://www.cccski.com/Events/Rules-and-Regulations.aspx">http://www.cccski.com/Events/Rules-and-Regulations.aspx</a>	
COC Selection Criteria	<a href="http://www.cccski.com/National-Ski-Team/Selection-Criteria.aspx">http://www.cccski.com/National-Ski-Team/Selection-Criteria.aspx</a>	
Race Organizing Committee:	Chief of Competition:	Ian Sibbald (250) 362-2130 <a href="mailto:isibbald@telus.net">isibbald@telus.net</a>
	Chief of Course:	Dave Wood
	Chief of Timing:	Iain Reid
	Chief of Stadium:	Kynan Bazley
	Chief of Venue:	Mike Heximer / Matt Tonner
	Competition Secretary:	Jacqui Richards (250) 362-9595 <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a>
	Technical Delegate:	Ken Hewitt
	Asst. Technical Delegate:	Jacques Dumont
	CCC Race Director:	Mark Duperreault

---

<b>Jury</b>	The Jury will consist of the Chief of Competition, Technical Delegate, Assistant TD and CCC Race Director. At the discretion of the Jury, other experts may be invited to attend Jury Meetings as observers. Observers do not have a vote in Jury decisions.						
<b>Registration &amp; Entry Fees</b>	<p>All registration will take place online, using Zone4 (<a href="http://www.zone4.ca">www.zone4.ca</a>), payable by Visa or MasterCard. Coaches <b>must</b> register on Zone4 (no fee). Updates during the event will be sent to coaches using contact information from Zone4. <b>It is important that all coaches register</b> for this reason.</p> <table data-bbox="488 520 1492 636"> <tr> <td data-bbox="488 520 1073 552">Early Registration - Up to November 20th</td> <td data-bbox="1073 520 1492 552">\$40 per race</td> </tr> <tr> <td data-bbox="488 552 1073 590">Nov 21st to Dec 9<sup>th</sup></td> <td data-bbox="1073 552 1492 590">\$45 per race</td> </tr> <tr> <td data-bbox="488 590 1073 636">Final Registration - Dec 10<sup>th</sup> to Dec 12<sup>th</sup></td> <td data-bbox="1073 590 1492 636">\$55 per race</td> </tr> </table> <p><b>Racers and Coaches must check the confirmation list</b> (available from the online registration section of Zone4) to ensure they are registered in the correct age and gender categories. Open (Senior M/W and Junior M/W), Junior B/G, Juvenile and Midget categories are included in the NorAm competition.</p> <p><b>Please contact the Competition Secretary at <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a> with any registration corrections or questions.</b></p>	Early Registration - Up to November 20th	\$40 per race	Nov 21st to Dec 9 <sup>th</sup>	\$45 per race	Final Registration - Dec 10 <sup>th</sup> to Dec 12 <sup>th</sup>	\$55 per race
Early Registration - Up to November 20th	\$40 per race						
Nov 21st to Dec 9 <sup>th</sup>	\$45 per race						
Final Registration - Dec 10 <sup>th</sup> to Dec 12 <sup>th</sup>	\$55 per race						
<b>NorAm Entry Deadline</b>	<p><b>Monday December 12, 2016 – 23:59 P.S.T.</b></p> <p>Late entries will only be accepted at the discretion of the jury and will incur an additional \$50 late fee per race.</p>						
<b>Licences</b>	All skiers must have a valid racing licence issued by CCC, FIS, or the national ski licensing body of another country. Skiers without a current national or international licence will be required to purchase a CCC Day Licence at registration. This applies to all skiers in categories from Midgets to Senior. If a skier has both a CCC and FIS licence, <b>both</b> numbers must be provided at registration. Only skiers with FIS licences are eligible to receive cash prizes.						
<b>Waivers</b>	Waivers must be accepted at online registration on Zone4.						
<b>Mini Tour</b>	Skiers must start all stages of the multi-stage tour to be eligible for prize money and to receive preferred seeding in the handicap race and NorAm Aggregate points. Skiers must compete in the Open sprint heats to be eligible for bonus seconds and prize money. Junior M/W electing to ski in the open heats will be considered as Senior M/W for the remainder of the Mini-Tour.						
<b>Seeding</b>	Seeding protocol for the Open category is outlined in 6.9.1 (Interval start distance), 6.9.3 (Sprints) and 6.9.4 (Rules for Multi-stage Tours) of the Haywood NorAm Series Technical Package 2.2.4: <a href="http://www.ccski.com/Events/Technical-Packages.aspx">http://www.ccski.com/Events/Technical-Packages.aspx</a>						

<p><b>Saturday - Sprint</b></p>	<p>In Multi-stage events, skiers not competing in all races will not be eligible for preferred seeding in subsequent competitions of the event.</p> <p>Senior Men and Junior Men categories and the Senior Women and Junior Women categories will be combined in the Qualification race for seeding purposes and run as a single open class but will be separated into junior and senior for heats and awards. The top 30 Junior M/W and Senior M/W will advance to quarterfinal heats. Unless the Competition Secretary receives notice of an athlete's intent at the start of the Team Captains' Meeting on Friday December 16, <b>all qualifying Junior M/W will be entered into the Junior quarterfinal heats. No changes will be allowed on race day.</b></p> <p>Junior B/G will advance to heats depending on numbers entered.</p>
<p><b>Pursuit Stage</b></p>	<p>Start times will be based on a handicap start, with a skier's time behind the leader determining his/her start time. See Section 6.9.4 (Rules for Multi-stage Tours) of the Haywood NorAm Technical Package: <a href="http://www.ccski.com/Events/Technical-Packages.aspx">http://www.ccski.com/Events/Technical-Packages.aspx</a></p> <p>Bonus seconds will be allocated to the top 3 skiers from the interval start competition. Sprint bonus seconds will be applied to the final heat results of the top 30 skiers in the open class. Junior skiers electing to ski in the junior heats will not be eligible for bonus seconds but will remain eligible for the Multi-stage overall aggregate totals.</p>
<p><b>Haywood NorAm Awards</b></p>	<p>Awards will be presented immediately following the races each day to the top three skiers in each category. In the Open category, cash prizes will be given to the top three skiers after each individual competition and the top six overall aggregate skiers in the Mini-Tour. The top three U23 finishers will also be awarded cash prizes.</p> <p><i>Please note: only skiers with FIS licences are eligible for cash prizes.</i></p>
<p><b>Team Captains' Meetings</b></p>	<p>The Team Captains' meetings will be held for coaches of NorAm skiers as follows:</p> <p>Thursday December 15<sup>th</sup> at 19:00 for Friday's Interval Start  Friday December 16<sup>th</sup> at 19:00 for Saturday's Sprint  Saturday December 17<sup>th</sup> at 19:00 for Sunday's Pursuit  Location of TCM's to be confirmed.</p>
<p><b>NorAm Start Lists</b></p>	<p>Start lists for each race will be available after the Team Captains' meeting on the evening before the race. Start lists will also be posted on Zone4 and on the Black Jack website after the meeting.</p>
<p><b>Bib Pick-up</b></p>	<p>Bibs for each race can be picked up from the Race Office (located in the trailer in the parking area). See Event Timetable on p7 for bib pickup.</p>
<p><b>Course Maps</b></p>	<p>Maps of the race courses will be available before the event on the Black Jack website under the Noram 2016 tab at <a href="http://skiblackjack.ca">http://skiblackjack.ca</a></p>
<p><b>Waxing Facilities</b></p>	<p>Outdoor electrical outlets for waxing will be available at the race site.</p>

	<p>Please plan accordingly by bringing your own wax tent where possible. We have very limited waxing facilities. No skis are permitted in the cabin. Teams are responsible for cleaning up their waxing area. A wax testing / warm up area will be provided near the waxing tents. No wax testing is allowed in the stadium area.</p>
<b>NorAm Protest Procedure</b>	<p>Protest forms will be available in the Race Office. Protest must be made within 15 minutes of posting the unofficial results. Note: a \$50 fee must accompany protest form.</p>
<b>Food/Services</b>	<p>There will be limited food available on site on race days. Rossland shops/restaurants are a 10 minute drive, Red Mountain Resort is a 5 minute drive. There is no running water at the race site. There may be bottled water available for sale at the kiosk.</p>
<b>Trail Passes</b>	<p>There will be no trail fees charged to competitors, their coaches, and other team support personnel on race days and the official training day. All persons who wish to ski on the trails outside these dates and conditions must purchase and display a valid trail pass or have a valid season pass. A discounted 3 day trail pass will be available for athletes and coaches and designated waxers for \$25 for Monday, Tuesday and Wednesday. These passes will not be available on site and must be pre-purchased on Zone4. Coaches and designated waxers must register on Zone4 as coaches to purchase the pass.</p>
<b>Weather</b>	<p>For up-to-date weather information in the Rossland area, visit the Environment Canada website at:  <a href="http://www.weatheroffice.gc.ca/city/pages/bc-71_metric_e.html">http://www.weatheroffice.gc.ca/city/pages/bc-71_metric_e.html</a>  Or current Weather for Strawberry Pass (Nancy Greene Summit) at:  <a href="http://images.drivebc.ca/bchighwaycam/pub/weather/32221.html">http://images.drivebc.ca/bchighwaycam/pub/weather/32221.html</a>  Also, Red Mountain website at:  <a href="http://www.snow-forecast.com/resorts/Red-Mountain/6day/mid">http://www.snow-forecast.com/resorts/Red-Mountain/6day/mid</a></p> <p><b>Call Black Jack Snow Phone for local snow conditions at 250-364-5445.</b></p>
<b>Race Cancellation</b>	<p>An alternate venue has been secured at a higher elevation if snow conditions are not suitable for holding the event at Black Jack ski trails. The date of the race will not be moved but cancellation of the race may be unavoidable due to weather conditions. If the event is cancelled a partial refund will be given to all competitors as per the tech package. For competitors that have to cancel before race entry deadline, a refund will be given less an administration fee.</p>
<b>Accommodation</b>	<p>The organizing committee has negotiated a significant discount with Red Mountain Resort Lodging for accommodation. They rent excellent quality condo style 1-4 bedroom apartments with full kitchens and underground parking, a 5 minute drive from the ski trails. Go to <a href="http://www.redreservations.com">www.redreservations.com</a> for further details. This discount is not</p>

	<p>available for online bookings. To book, call 1-877-969-7669 or email: <a href="mailto:reservations@redresort.com">reservations@redresort.com</a>, mention Black Jack NorAm for the special rate. Waxing will be allowed in the underground parking area.</p>
<p><b>Travel Information</b></p>	<p>Castlegar Airport is a 30 minute drive from Rossland but is frequently difficult to fly in and out of in the winter. Other airport options include Kelowna, Spokane and Cranbrook (see below for times).</p>
<p><b>Distances to Rossland</b></p>	<p><i>Note: Black Jack ski trails are approximately a 10-minute drive from Rossland</i>  Vancouver = 620 km (approx. 8 hrs)  Calgary = 630 km (approx. 8hrs)  Spokane Airport = 215 km (approx. 2 hrs 45 mins)  Kelowna Airport = 300 km (approx. 4 hrs)  Cranbrook Airport = 255 km (approx. 3 hrs 30 mins)</p>

We would like to acknowledge and thank our NorAm and Club sponsors for their ongoing support of skiing at Black Jack.



HOSTING BC.



BRITISH COLUMBIA

**viaSPORT**

BRITISH COLUMBIA  
CHANGING THE GAME. CHANGING LIVES.

CAPITAL  MARKETS

HAYWOOD



## Competition Schedule

Start times are subject to change based on number of entries and course conditions. Changes will be communicated to coaches registered on Zone4.

### DAY 1 Friday December 16, 2016 Haywood NorAm – Interval Start, FT

CATEGORY	YOB	GENDER	DISTANCE	COURSE FORMAT	START TIME	FEE PER RACE
Open	Senior – 1996 & before Junior - 1997, 1998	Men	15 km	3 x 5	9:00	\$45 See p 2
Open	Senior – 1996 & before Junior - 1997, 1998	Women	10 km	2 x 5	10:00	\$45 See p 2
Junior Boy	1999, 2000	Boy	10 km	2 x 5	11:00	\$30
Junior Girl	1999, 2000	Girl	5 km	1 x 5		\$30
Juvenile	2001, 2002	Boy/Girl	5 km	1 x 5		\$30
Midget	2003 or after	Boy/Girl	2.5 km	1 x 2.5		\$20

### DAY 2 Saturday December 17, 2016 Buff Sprints - Sprint, FT

RACE	CATEGORY	YOB	GENDER	DISTANCE	COURSE FORMAT	START TIME	FEE PER RACE
Sprint Qualifier	Open	Senior – 1996 & before Junior - 1997, 1998	Women	1.4km	Sprint	9:00	\$45 See p 2
Sprint Qualifier	Open	Senior – 1996 & before Junior - 1997, 1998	Men	1.6km	Sprint	9:30	\$45 See p 2
Sprint Qualifier	Junior G/B	1999, 2000	Girl / Boy	1 km	Sprint	10:00	\$30
Distance	Midget	2003 or after	Girl / Boy	2 x 1.4 km	FT Int. St		\$20
Distance	Juvenile	2001, 2002	Girl / Boy	2 x 1.4 km	FT Int. St		\$30
Sprint Heats	Open W		Women		Heats	11:30	
Sprint Heats	Open M		Men		Heats	12:45	
Sprint Heats	Junior G/B		Girl / Boy		Heats	14:30	

### DAY 3 December 18, 2016 Haywood NorAm – Pursuit Classic / Mass Start Classic

RACE	CATEGORY	YOB	GENDER	DISTANCE	COURSE FORMAT	START TIME	FEE PER RACE
Pursuit	Open	Senior – 1996 & before Junior - 1997, 1998	Women	10 km	2 x 5 km	9:00	\$45 See p 2
Pursuit	Open	Senior – 1996 & before Junior - 1997, 1998	Men	15 km	3 x 5 km	10:00	\$45 See p 2
Mass Start	Midget	2003 or after	Boy/Girl	3.3 km	1 x 3.3 km	11:00	\$30
Mass Start	Juvenile	2001, 2002	Boy/Girl	6.6 km	2 x 3.3 km		\$30
Mass Start	Junior Girl	1999, 2000	Girl	5 km	1 x 5 km		\$30
Mass Start	Junior Boy	1999, 2000	Boy	10 km	2 x 5 km		\$30

## EVENT TIMETABLE

### Haywood NorAm, Buff Sprints – December 2016

DATE	TIME (PST)	EVENT	LOCATION
Sunday November 20	23:59	Deadline for early registration	<a href="http://www.zone4.ca">www.zone4.ca</a>
Friday December 9	23:59	Regular price registration closes	<a href="http://www.zone4.ca">www.zone4.ca</a>
<b>Monday December 12</b>	23:59	<b>Final deadline for registration</b> <i>Coaches please check the Confirmation List</i>	If you have any problems with registration please email: <a href="mailto:blackjack.noram@gmail.com">blackjack.noram@gmail.com</a>
Wednesday December 14	10:00-12:00	Race Office open	Parking area, Black Jack ski trails
Thursday December 15	10:00-14:00	Official Training	Black Jack ski trails
	09:00-14:00	Race Office open	Parking area, Black Jack ski trails
	19:00 – 20:00	Team Captains' meeting	TBA
Friday December 16	08:30-10:30	Bib pick up	Race Office
	09:00 10:00	Interval Start – CI (Open Men) Interval Start – CI (Open Women)	Awards in the finish area following the open category race
	11:00	Interval Start – Junior B/G, Juvenile, Midget	Awards in the finish area following the younger age categories
	19:00 – 20:00	Team Captains' meeting	TBA
Saturday December 17	08:00 – 09:00 09:00	Buff Sprints Bib pick up Buff Sprints Qualification - FT	Race Office Sprint Courses
	09:30 – 10:30 Between qualifier and heats	Interval Start Bib pick up Interval Start – Midget, Juvenile	Race Office Awards in the finish area following the Interval start race
	11:00- 14:00 11:30 – 16:00	Buff Sprint Heats Bib pick up Buff Sprint Heats	Race Office – individual athletes Awards in the finish area following the Sprint finals
	19:00 – 20:00	Team Captains' meeting	TBA
Sunday December 18	08:30-10:00	Haywood NorAm Bib pick	Race Office
	09:00	Pursuit – CI (Open Women)	Awards in the finish area following the pursuit race
	10:00 11:00	Pursuit – CI (Open Men) Mass Start – Midget, Juvenile, Junior B/G	Awards in the finish area following the mass start

\* Note: Changes may need to be made to the race start times due to weather etc. Please check the Black Jack website for updates. <http://skiblackjack.ca>