

Club Name	Hardwood	Location	Barrie, Ontario
Coach Name	Ron Howden	Contact Information	ron@teamhardwood.ca www.teamhardwood.ca
Universities Nearby:	Georgian College	Program Level	Developing athletes to elite level
Program Overview	<p>Hardwood has been developing a program for post-secondary athletes over the past three years. The current program accommodates the educational needs of its athletes in several ways: it limits travel outside of the core competitive season, it keeps costs as low as possible, it provides support for taking exams on the road, and training programs allow a certain amount of flexibility for the students.</p> <p>The team trains at Hardwood Ski and Bike, which offers excellent dry-land and on snow trails, quiet roads that are in good condition for roller skiing and strength facilities specific to cross country skiers.</p> <p>Further information can be found, http://teamhardwood.ca</p>		
Typical Numbers	5-7	Funding Options	Cross Country Ontario Carding and bursary
Typical Competitions	The team competes in selected NorAm, Ontario Cups and US Super Tour races		
Typical Costs	Program and travel fees: \$5000, team tries to minimize costs as much as possible by holding summer training camps close to home and travel to Frozen Thunder and Foret for early snow		
Typical Skier Level	Skiers in the program have participated in World Juniors, Canada Games, podiums at Nationals, Norams and OUAs		