

COMPETITION REGISTRATION AND SANCTIONING

Preamble

1. Cross Country Canada (CCC) is the sport governing body for cross-country skiing, Canada's optimal winter sport and recreation. Among its numerous responsibilities, CCC is responsible for providing overall guidance and direction for the various functions required to permit Canadian cross-country ski competitions at all levels to be scheduled, organized and officiated to an approved and consistent standard.

**For the purposes of this document, competitions include
cross-country and roller ski competitions.**

In addition, CCC has specific responsibility for the scheduling and conduct of nationally sanctioned competitions that will provide high quality domestic and international competitive experiences to further the development of excellence in Canadian ski racers.

2. Sanctioning is the mechanism through which CCC discharges several of these important competition-related responsibilities. CCC sanctions competitions for the following reasons:
- a. to ensure that an approved standard of competition is provided as regards issues such as competition organization, rules and safety;
 - b. to ensure that competition organizers and participants are suitably covered by liability insurance;
 - c. to ensure that the results of the competition receive official recognition within CCC's high performance and athlete development systems through the Canada Points List system; and
 - d. to ensure that the competition is formally integrated into the CCC Calendar and that this information receives wide distribution within the national skiing community.
3. Registering of competitions is a procedure that ensures that competitions at all levels within CCC are appropriately covered by CCC's liability insurance policy.

Aim

4. The aim of this operational policy is to provide direction for the registering and sanctioning of competitions within CCC.

Authority

5. This document is published under the authority of the CCC Events Committee.

Definitions

6. **Event.** A number of competitions (e.g. the Canadian Championships) that occur at a particular site in a specified time period and that are hosted by a particular organization (the Organizing Committee – see definition below).
7. **Competition.** An individual race within an event, incorporating one or more age classes. For competitions below World Cup level, both genders normally compete in the same competition (within their respective classes).
8. **Organizing Committee (OC).** The organization within the hosting CCC club that is responsible for planning and executing a competition or an event. For major events such as the Canadian Championships, the OC will include both an Event Organizing Committee (EOC) and a Competition Committee (CC).
9. **Technical Delegate (TD).** A trained individual, appointed by the appropriate sport governing body, who has the knowledge and experience required to provide guidance to OCs on the organization and conduct of skiing competitions in accordance with current and approved rules and standards. Within CCC, the TD is the representative of CCC to the OC, and is the guarantor that a competition will be conducted in accordance with the CCC Rules. All competitions sanctioned by CCC and listed in the CCC calendar must be supervised by a TD appointed by the responsible sport governing association (i.e. either CCC or Division, depending on the level of competition).
10. **Technical Advisor (TA).** A Technical Delegate for competitions that are sanctioned by Divisions. A Technical Advisor must be identified for all Division-sanctioned competitions as required by the CCC insurance policy.
11. **Competition Sanctioning.** A competition is “sanctioned” when the OC agrees to meet the criteria established by the sanctioning body. Sanctioning by CCC indicates the following:

- a. All participants in the competition are individual members in good standing of CCC and possess a current CCC racing license or are members of CCC and compete in the midget or younger age category; alternatively, participants must purchase a CCC supporting member day license or, for foreign skiers, must hold a valid race license issued by their national association.
- b. The competition will be conducted in accordance with current FIS and CCC rules and regulations, with on-site supervision by a CCC-trained TD.
- c. CCC attributes Canada Points List (CPL) points to all participants possessing a valid CCC race license.

12. Competition Registering. A competition is “registered” when the particulars of the competition have been submitted to CCC and the parent Division of the hosting club. All competitions hosted by CCC clubs are expected to be registered 30 days in advance and specified safety precautions taken as per the CCC insurance policy in order for CCC’s liability insurance to be in force.

13. CCC Race License. A license, issued directly by CCC, that entitles the license holder to compete in CCC-sanctioned competitions and to other benefits that are associated with the CCC race license (including preferred seeding and eligibility for CPL points). The license confirms that the license holder is an individual member in good standing of CCC and identifies his/her club affiliation. See CCC Document 2.2.2 *Race License Policy* for more detail.

14. CCC Supporting Member Day License (SMDL). A license that confers upon the holder competition-day eligibility to compete in a CCC-sanctioned competition organized by a CCC club (except for competitions for which a CCC race license is mandatory – i.e. competitions at the Canadian Championships and Canada Winter Games):

- a. Competitors who are not individual members of a CCC registered club must purchase a supporting member day license in order to compete in any CCC-sanctioned competition hosted by a CCC club. This ensures that the OC has appropriate liability insurance coverage.
- b. Competitors who are individual members of a CCC registered club (including masters) but who do not hold a CCC race license must purchase a supporting member day license in order to compete in CCC-sanctioned competitions. Athletes competing in the midget age class and below of Tier II sanctioned events are exempt from this requirement unless the midget category is specified in the race notice as a points race.
- c. If the midget category is designated as a points race then all participating midgets must hold a CCC Development License or purchase a CCC supporting member day license.

- d. Competitors obtain supporting member day licenses through an OC as part of event/competition registration. The supporting member day license can be purchased through the events registration process on Zone 4 if the OC has indicated a (“Non-Category Specific Fee Option”). These licenses are issued under CCC’s authority.
- e. The holder of a CCC supporting member day license is eligible to compete in the CCC-sanctioned competition for which the license has been purchased, but does not enjoy the benefits (such as preferred seeding, CPL points or FIS Regional Series standing) that are implicit in a CCC race license.
- f. The supporting member day license is valid only for the competition for which it is issued.
- g. Foreign racers who hold a current race license issued by their national association are exempt from the requirement to purchase a supporting member day license.
- h. See CCC Document 2.2.2 *Race License Policy* for more detail.

15. International Ski Federation (FIS) Race License. A license issued by the FIS that entitles the license holder to receive FIS points in FIS-sanctioned competitions. FIS licenses can be obtained through application to the CCC National Office, and should be purchased no later than the end of December each year in order to avoid the need to pay a surcharge for late application. In order to be eligible for FIS points an athlete **MUST** own a FIS license prior to the competition and **MUST** indicate his/her license on the Event Registration Form.

16. Informed Consent and Assumption of Risk Agreement. This Agreement must be signed by club members as part of the registration process. The Informed Consent and Assumption of Risk Agreement is a condition of membership in the Club and a condition of participation in all Club run or sanctioned events, competitions or activities. If the Member is under the age of majority in the province/territory in which the member resides, a parent or guardian must sign the agreement. All non-club members must sign the Informed Consent and Assumption of Risk Agreement when they are participating in a club-organized event. Individuals who purchase a CCC Race License do not need to complete an Informed Consent and Assumption of Risk Agreement for events during the season for which the Race License was issued. It is the OC’s responsibility to ensure that an Informed Consent and Assumption of Risk Agreement is completed by all non-CCC club members or the CCC Race License number is recorded for all participants in the competitions they host (see paragraph 27 for details).

Policy for CCC Competition Sanctions

17. CCC will apply annually for FIS sanction for sufficient competitions to ensure that Canadian skiers have an opportunity to qualify for FIS points in a domestic context. These competitions will also be CCC-sanctioned and registered for insurance purposes.

18. CCC will extend a CCC sanction only to competitions where there is a competent OC, and where the competition organization is staffed with individuals who have been appropriately trained under CCC's officials training program. CCC will only provide a Tier 1 level sanction if the Host Club identifies Level II officials at all major levels of the Competition Committee and a Tier 2 sanction if the Host Club identifies a Level II official as Chief of Competition.

19. For all CCC-sanctioned competitions, a CCC-trained TD will be appointed (by either CCC or the host Division, depending on the level of competition). The TD will provide guidance to the OC on technical matters and is responsible for ensuring that each competition is conducted in accordance with current CCC and/or FIS rules and regulations and any pertinent Technical Package authorized by the CCC Events Committee.

20. CCC maintains a liability insurance policy that provides appropriate third party liability insurance coverage to OCs and participants in all competitions sanctioned by CCC or a Division provided that the provisions of CCC's *Competition Registration and Sanctioning Policy* are met. The registering and sanctioning process ensures that competitions operate in a manner that is consistent with the requirements of CCC's insurance policy. The CCC insurance policy requires that all participants in CCC-sanctioned competitions hosted by clubs that are covered by the policy must be either individual members (in good standing) of a registered club of CCC, foreign racers holding a race license issued by their national association or supporting members of CCC. Competitors not falling within one of these categories must not be permitted to race as this may cause the insurance policy to be invalidated and expose the host club to liability.

21. CCC operates a national points system (the Canada Points List (CPL)) which enables the results - in eligible competitions (either CCC-sanctioned or FIS-sanctioned) - of each competitor holding a CCC race license to be compared to both a national and international standard. CPL points resulting from CCC-sanctioned competitions will be incorporated in CPL lists and retained in the CCC database. CPL points have critical importance for selection to CCC-sponsored teams and competition trips.

Procedures for Registering and Sanctioning

22. International Ski Federation (FIS)

- a. CCC will apply for FIS sanctioning for the highest level CCC-mandated competitions on the CCC calendar (i.e. the Canadian Championships and NorAm competitions), as well as other high level competitions that may be independently mandated (i.e. some loppets, such as the Gatineau, Canada Winter Games). The FIS includes these competitions on the FIS calendar.
- b. For World Cup and higher level events hosted in Canada, the FIS will assign a TD and Assistant TD from outside Canada. CCC will assign a (FIS-licensed) Assistant National TD. For other FIS-sanctioned competitions in Canada, CCC will assign a FIS-licensed TD.
- c. For FIS-sanctioned competitions for which CCC provides the TD, CCC will report the results to the FIS, and competitors in possession of FIS licenses will receive FIS points for their results.
- d. CCC will apply for FIS sanction for NorAm events and the latest FIS ICR will apply to the FIS registered category's of these events. The hosting club is responsible for paying the FIS sanctioning fee of \$350.00 per event, **together with the applicable fees (both sanction fees and supporting member day license quota fees where applicable), to the Division Office, in accordance with timelines to be established by each Division.** CCC is responsible for forwarding this fee to the FIS through the Canadian Snowsports Association (CSA). There are substantial penalties imposed by the FIS Nordic office for late registration of FIS-sanctioned events.

23. Cross Country Canada (CCC) Sanctions. CCC sanctions "Olympic style" competitions at two levels: Tier 1 and Tier 2. *For masters, senior and junior age categories, only participants with a CCC race license, participants with a supporting member license purchased from the OC or foreign participants holding a race license issued by their national association are permitted to compete in these competitions. Participants competing in the midget age class in Tier 1 competitions require a CCC Development License or a supporting member day license to compete. Skiers entered in the midget and below age categories for Tier 2 competitions who are members in good standing of a CCC club do not require a race license or supporting member day license unless the category is designated as eligible for points in the race notice:*

- a. Tier 1. This category of sanctioning applies to the highest level CCC-mandated competitions on the CCC calendar (i.e. the Canadian Championships; the NorAm Canada Cup Series; and the Eastern and Western Canadian Championships). The Canada Winter Games also fall under this category:

- 1) Competitions are scheduled (date and venue) through decisions taken by the CCC Events Committee after consultation with the NST and the parent Divisions of hosting clubs.
 - 2) Hosting clubs are expected to register competitions no later than 45 days in advance of the competition in order to be covered by CCC's insurance policy.
 - 3) Competitions in this category are listed in the CCC calendar and/or the FIS calendar.
 - 4) Competitions sanctioned at this level are run in accordance with current FIS and CCC rules and regulations, and are further governed by technical packages produced under the authority of the CCC Events Committee.
 - 5) FIS Competitions sanctioned at this level must be run on FIS homologated race courses.
 - 6) CCC assigns TDs for these competitions.
 - 7) Participants possessing CCC race licenses receive CPL points for their results provided that their race license number is recorded on the results.
 - 8) OCs pay sanctioning fee(s) to CCC, through their respective Division offices in accordance with paragraph 26 below.
 - 9) OCs sell supporting member day licenses to CCC members who do not hold a CCC race license (except for participants competing in the midget age class and below) and to non-CCC members. CCC is paid in accordance with the process identified in paragraphs 26 and 27 below.
- b. Tier 2. This category of CCC sanctioning applies to high-level competitions mandated at the Division level (e.g., provincial championship, provincial cup competitions, Tier 2 rollerski competitions):
- 1) Competitions are scheduled (date and venue) in accordance with decisions taken by Divisions.
 - 2) Hosting clubs are expected to register competitions at the Division Office of the parent Division no later than 45 days in advance of the competition in order to be covered by CCC's insurance policy.
 - 3) Parent Divisions of hosting clubs register and apply for CCC sanction for these competitions on the Division Registration and Sanction Application (see paragraph 26 below).
 - 4) CCC lists these competitions on the CCC calendar.

- 5) Competitions sanctioned at this level are run in accordance with current CCC-FIS rules and regulations.
- 6) CCC-trained TDs are appointed by the parent Division.
- 7) The OC posts results to Zone4 and participants possessing CCC race licenses receive CPL points provided that their race license number is recorded on the results.
- 8) If the OC uses an alternative Race Registration and Results system the results are submitted to CCC on the Race Result Template for non-Zone4 Administered Points Competitions in Annex E within 30 days of the competition for inclusion in the Canada Points List directory
- 9) OCs pay a sanction fee to CCC, through their respective Division offices.
- 10) OCs sell supporting member day licenses to CCC members who do not hold a CCC race license (except participants competing in non-CPL midget age classes and below) and to non-CCC members. CCC is paid in accordance with the process identified in paragraphs 25 and 26 below.
- 11) OCs require all participants that are not members of a CCC registered club to sign an Informed Consent and Assumption of Risk Agreement that covers each competition. If the Participant is under the age of majority in the province/territory in which the Participant resides, a parent or guardian must sign the agreement. A separate Informed Consent and Assumption of Risk Agreement is NOT required for participants that are members of a registered CCC club.

24. Division Sanctions. Divisions may sanction less-formal Olympic style and loppet style competitions where a Technical Advisor rather than a TD is assigned. Each Division will determine its own sanctioning policy and identify the types of competitions to which it applies:

- a. Hosting clubs are expected to register competitions at the Division Office of the parent Division no later than 30 days in advance of the competition in order to be covered by CCC's insurance policy.
- b. Competitions will be listed on the Divisional calendar, rather than the national calendar.
- c. Results are not eligible for CPL points.
- d. The governing Division will identify a Technical Advisor.

- e. The CCC Rules will be applied, unless otherwise determined by the governing Division. In all cases, the safety precautions prescribed in the CCC insurance policy must be taken.
- f. No sanction fee is paid to CCC. The governing Division will determine whether other sanction fees are applicable.
- g. OCs require all participants that are not members of a CCC registered club to sign an Informed Consent and Assumption of Risk Agreement that covers each competition.
- h. For insurance purposes, participants who are not CCC members may be considered as “additional named insureds” for the duration of the event for which they have signed an Informed Consent and Assumption of Risk Agreement, *provided that Divisions and clubs have defined “member” to include such individuals.*
- i. Parent Divisions and/or hosting clubs are encouraged to charge a day membership fee to participants who are not CCC members in consideration of the privileges of membership (e.g. insurance coverage, race organization and officiating) that they are accessing. Provision for the levying, collection and disposition of such fees is a Division prerogative.

25. Non-Sanctioned Competitions. Divisions may also register (for insurance purposes) competitions for which no sanction is provided. These competitions will also be listed on the Divisional calendar.

Administration

26. Applications for CCC Sanction. Requests for CCC-sanctioning for competitions hosted by CCC clubs must be submitted through the CCC sanctioning process, for Tier 1 and Tier 2 competitions. This is to ensure that provision is made for insurance protection for each competition and for supporting member day licenses to be available for non-CCC members, when applicable.

- a. CCC Competition Sanctioning Application for Tier 1. Each club that plans to host a CCC-sanctioned Tier 1 competition must complete the form at Annex A (Club Application for CCC Sanctioning of Competition) and submit it, together with the applicable fees (both sanction fees and supporting member day license quota fees where applicable), to the Division Office, in accordance with timelines to be established by each Division.
- b. CCC Competition Sanctioning Application for Tier 2. Each club that plans to host a CCC-sanctioned Tier 2 competition must complete the form at Annex A (Club Application for CCC Sanctioning of Competition) and submit it, together with the

applicable fees (both sanction fees and supporting member day license quota fees where applicable), to the Division Office, in accordance with timelines to be established by each Division. Normally, the parent Division will have completed a competition calendar planning activity prior to this step taking place.

- c. Division Sanctioning Application Summary. Having received all of the CCC Competition Sanctioning Applications and fees from the clubs that will host CCC-sanctioned competitions in a particular competition year, each Division will complete the form at Annex B (Division Summary of CCC Competition Sanctioning Applications) and submit it to the CCC National Office no later than December 1st of each year for on-snow competitions and June 1st for rollerski competitions.

27. Management of Supporting Member Day License Fees

- a. Cost. Supporting member day licenses have a nominal value of \$5.00. This fee will be periodically reviewed, and may be increased to ensure that parity is maintained between CCC members (who pay club membership fees) and supporting members.
- b. Application. The application form for supporting member day licenses is appended to CCC Document 2.2.2 *Race License Policy*. Instructions for processing the form are provided in the policy.
- c. Administration. CCC has implemented a quota system for supporting member day licenses. This system is designed to simplify administration between CCC, Divisions and hosting clubs. When applying for competition registration and sanctioning for a CCC-sanctioned competition, OCs will estimate the number of supporting member day licenses that they expect to need and will purchase a quota for that number when they submit their Competition Registration and Sanction Application. Quota fees have been established at a level that minimizes risk to both CCC and the OC (e.g. up to 30 licenses - \$90.00; up to 50 licenses - \$125.00). Alternatively, OCs may purchase supporting member day licenses individually at a cost of \$5.00 each. The OC will set the competition entry fee for skiers requiring a day license at a level that will incorporate the cost of supporting member day licenses. The following details apply:
 1. After the event, completed supporting member day license forms (containing the participants' names and contact information) must be forwarded to the Division office for retention. The names and contact information of foreign participants must also be reported. The total number of supporting member day licenses purchased and the total number of foreign participants that competed must be reported to the CCC National Office within 30 days of the event;

2. If the number of supporting member day licenses actually sold by the OC exceeds the purchased quota, the OC must pay to CCC – through the Division office - the difference between the purchased quota and the actual quota required (i.e. OCs purchase the next level of quota, rather than paying for individual licenses).

Supporting member day license quota fees will only be refunded in the event of competition cancellation.

28. Informed Consent and Assumption of Risk Agreement.

OCs require all participants that are not members of a CCC registered club to sign an Informed Consent and Assumption of Risk Agreement that covers each competition. If the Participant is under the age of majority in the province/territory in which the Participant resides, a parent or guardian must sign the agreement. A separate Informed Consent and Assumption of Risk Agreement is NOT required for participants that are members of a registered CCC club.

- a. The Informed Consent and Assumption of Risk Agreement is shown at Annex C to this document.
- b. After the competition/event, completed Informed Consent and Assumption of Risk Agreements are to be retained by the host OC.
- c. Coaches cannot sign an Informed Consent and Assumption of Risk Agreement in place of parents or legal guardians. Club coaches who are travelling with teams to races have two general options for managing the Informed Consent and Assumption of Risk Agreement requirement for team members who are not members of a CCC registered club:
 - 1) Make each competitor - or parent or legal guardian as applicable - responsible for completing an Informed Consent and Assumption of Risk Agreement for each competition, either on site or in advance using forms printed from this policy or down-loaded from the OC's Event Notice.
 - 2) Obtain completed Informed Consent and Assumption of Risk Agreement from each competitor - or parent or legal guardian as applicable - in advance of the competition(s) and submit these documents to the OC on behalf of their team.

NOTE: Those that are not parents/legal guardians of a competitor who chose to sign an informed consent for participants, by purporting to waive the rights of others may be assuming liability.

List of Attachments

Annex A	Club Application for CCC Sanctioning of Competition
Annex B	Division Summary of CCC Competition Sanctioning Applications
Annex C	Informed Consent and Assumption of Risk Agreement
Annex D	Age of Majority (Date of Birth) in Each Province/Territory
Annex E	Race Result Template for non-Zone4 Administered Points Competitions

Annex A

**CLUB APPLICATION FOR CCC SANCTIONING OF COMPETITION(S)
(To be completed by Hosting Clubs - one form per event)**

DIVISION: _____ **COMPETITION YEAR:** _____

1. EVENT NAME: _____

2. RACE(S) AND DATE(S):

a. 1st Competition _____ DATE: _____

b. 2nd Competition _____ DATE: _____

c. 3rd Competition _____ DATE: _____

d. 4th Competition _____ DATE: _____

3. LEVEL OF SANCTION (check one):

a. CCC – Tier 1 _____

b. CCC – Tier 2 _____

c. Division _____

4. HOST CLUB & LOCATION:

5. WEB LINK TO EVENT:

6. Please identify the Competitions listed above that will not be using Zone4 for Registration and Race Result purposes:

7. COMPETITION COMMITTEE CONTACT INFORMATION:

(Please note all Chiefs must be Level II Certified Officials for Tier 1 Sanctioned events)

i) Chief of Competition:(T1 & T2)

Name: _____ Email: _____

ii) Chief of Stadium:

Name: _____ Email: _____

iii) Chief of Course:

Name: _____ Email: _____

iv) Chief of Timing: _____

Name: _____ Email: _____

v) Competition Secretary: _____

Name: _____ Email: _____

vi) Chief of Results:

Name: _____ Email: _____

8. TECHNICAL DELEGATE/ADVISOR (stroke out one):

Name: _____ Email: _____

Phone: _____

9. SANCTION FEES (sanction fees are non-refundable)

CCC (\$50 per competition day)

AMOUNT: _____

10. SUPPORTING MEMBER DAY LICENSE QUOTA

AMOUNT: _____

Up to 30 licenses: \$90.00	Up to 100 licenses: \$200.00
Up to 50 licenses: \$125.00	More than 100 licenses: \$300.00
If preferred, a specific number of licenses may be purchased for \$5.00 each.	

- a. Day licenses are valid only for a single competition.
- b. Participants who purchase supporting member licenses also sign the Informed Consent and Assumption or Risk included on the supporting member license form.
- c. After the event, the names and contact information of all skiers who purchased supporting member day licenses must be forwarded to the Division office for retention.
- d. If the number of supporting member day licenses sold exceeds the purchased quota, the OC must pay to CCC – through the Division office - the difference between the purchased quota and the actual quota.
- e. Supporting member quota fees will be refunded in the event of race cancellation.

TOTAL OF PRELIMINARY FEES

AMOUNT: _____

Annex B

DIVISION SUMMARY OF CCC COMPETITION SANCTIONING APPLICATIONS

DIVISION: _____
YEAR: _____

COMPETITION

DATE	HOST CLUB	EVENT NAME	SANCTIONING BODY (FIS/CCC)	PRELIMINARY FEES

TOTAL PRELIMINARY FEES REMITTED: _____

NOTE: Please provide complete information. Print additional copies of this form as required. Submit this form, together with supporting CCC Competition Sanctioning Applications and the appropriate fees, by no later than December 1st for on snow competitions and June 1st for rollerski competitions to

Cross Country Ski de fond Canada
100 – 1995 Olympic Way
Canmore AB T1W 2T6

Annex C

CROSS COUNTRY CANADA INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

**BY SIGNING THIS DOCUMENT YOU WILL ASSUME CERTAIN RISKS.
PLEASE READ CAREFULLY.**

1. This is a binding legal agreement. As a Participant in the sports of cross-country skiing and rollerskiing, and the programs, activities and events of **Cross Country Canada including all of its registered Divisions and Clubs and Canadian Snowsports Association** (hereinafter called **CCC/CSA**), which include without limitation cross-country and rollerskiing competitions, camps, clinics, and related activities such road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:

Description of Risks

2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by **CCC/CSA**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a) training whether indoor or outdoor including but not limited to strength training, running, hiking, and cycling;
 - b) overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c) vigorous physical exertion, rapid movements and quick turns and stops;
 - d) falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e) contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f) failing to participate within one's abilities, skill and within designated areas;
 - g) becoming lost or separated from the group or the group becoming split up;
 - h) failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i) extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j) encounters with animals or plants including allergic reactions;
 - k) travel to and from training, competitive events and associated non-competitive events which are an integral part of the **Activities**; and
 - l) other risks normally associated with participation in the **Activities**.
3. **Furthermore, the Parties are aware:**
 - a) that injuries sustained may be severe, paralyzing or fatal;
 - b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **CCC/CSA**,
 - c) that the risk of injury is reduced if the Participant follows all rules established for participation; and d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of CCC/CSA accepting the Participant’s application for membership in the Club or allowing the Participant to participate, the Parties agree that CCC/CSA, and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by CCC/CSA, , caused by the risks, dangers and hazards associated with the Activities.

Acknowledgement

5. The Parties confirm that:

- a) the Participant’s physical condition is sufficient to allow participation in the sport of cross-country, rollerskiing and the activities, events and programs of CCC/CSA;
- b) they have been provided sufficient information about Activities and the associated risks and hazards so that they are aware of the effect of this agreement;
- c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, in association with the Activities, and to follow the instructions of the officials during the Activities; and
- d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the Parties, their heirs, executors, administrators and representatives.

6. In addition, the Parties:

- a) authorize CCC/CSA, to collect and use personal information about the Parties which relates in any way to the Activities, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA websites;
- b) grant permission to CCC/CSA, to photograph and/or record the Parties image and/or voice, and to use this material to promote CCC/CSA, through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
- c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement.

Name: _____ Date: _____ Signature: _____
--

NOTE: if the Member/Participant is under the age of majority in the province/territory in which the he/she resides, a parent or legal guardian MUST sign below.

Name of Parent/Guardian: _____
Date: _____
Parent/Guardian Signature: _____

NOTE:

All Informed Consent and Assumption of Risk Agreements are to remain with the **Club Executive for a minimum of three years.**

DO NOT submit these forms to **CCC/CSA** or the **Division Office**

Annex D

AGE OF MAJORITY

Province	Age of Majority (for informed consent purposes)
Alberta	18
British Columbia	19
Manitoba	18
New Brunswick	19
Newfoundland and Labrador	19
North West Territories	19
Nova Scotia	19
Nunavut	19
Ontario	18
Prince Edward Island	18
Quebec	18
Saskatchewan	18
Yukon Territories	19

Annex E

**RACE RESULT TEMPLATE FOR NON-ZONE4 ADMINISTERED
POINTS COMPETITIONS**

The Results Template must be populated with the time and CCC or FIS license of all licensed participants in the competition if results are to be referenced in the Canada Points List database.

Race Name	Template - Canmore Rollerski Trials			
Location	Canmore, AB			
Date	month/day/year			
Category	Roller ski			
Gender (M/F)	W			
Distance	10			
<hr/>				
Time	FirstName	LastName	CCCLicence	FISLicence
30:30.2			22610	
31:02.6			17570	