



June 15, 2015



CCD (L2C) Training and Certification Process Checklist

Ideally before CCD (L2C) dryland workshop

- ✓ Complete the five multisport CCD modules delivered by the Coaching Association of Canada or National Coaching Institutes or provincial multisport organizations:
 - Leading Drug Free Sport (training module + online evaluation)
 - Managing Conflict (training module + online evaluation)
 - Coaching and Leading Effectively (training module)
 - Psychology of Performance (training module)
 - Making ethical decisions (online evaluation)

CCD (L2C) dryland workshop

- ✓ Complete the workshop.

Before participating in the CCD-L2C on-snow workshop, submit the following to LF/E:

- ✓ Portfolio documents for ***“Monitoring, testing and designing training plans for L2C athletes”***:
 - a) Athlete profile and goals
 - b) Yearly Training Plan
 - c) Summary of goals and priorities for each period
 - d) Weekly training plans
 - e) Practice plans
 - f) Testing and monitoring plan
- ✓ Example of technique video analysis for ***“Analyzing technical performance of L2C athletes”***

NB: see Competition-Development evaluation guidelines for more details on portfolio documents to provide

CCD-L2C on snow workshop

- ✓ Complete the workshop.
- ✓ ***“Monitoring, testing and designing training plans for L2C athletes”*** evaluation completed by interview with coach
- ✓ ***“Analyzing technical performance of L2C athletes”*** evaluated
- ✓ Hard wax, glider and powder application competencies evaluated (part of ***“Supporting the competitive experience”*** evaluation)

To complete CCD-L2C context training and evaluation process

- ✓ Complete ***“Planning and delivering a practice”*** evaluation
- ✓ Complete ***“Supporting the competitive experience”*** evaluation
- ✓ Complete ***“Managing a program for L2C athletes”*** evaluation
- ✓ Submission of NCCP CCD-L2C experience form attesting the completion of the following practical learning experiences:
 - Coach (performing all CCD outcomes) a group of L2C athletes on a weekly basis for a minimum of 12 weeks on snow and 24 weeks dryland
 - Organize and lead one dryland and one on snow divisional camp for L2C athletes
 - Lead a team to Nationals, Easterns, Westerns or World Junior Championships trials
 - Successfully complete a HPCE training camp assignment with NDC or NST